DAILY ROUTINE

MORNING ROUTINE									
TIME	TASK / ACTIVITY	М	Т	W	Т	F	S	S	NOTES
A ETERNIC ON 1000	TIME								
AFTERNOON ROU	IINE								
TIME	TASK / ACTIVITY	М	Т	W	Т	F	S	S	NOTES
EVENING ROUTIN	E								
TIME	TASK / ACTIVITY	М	Т	W	Т	F	S	S	NOTES